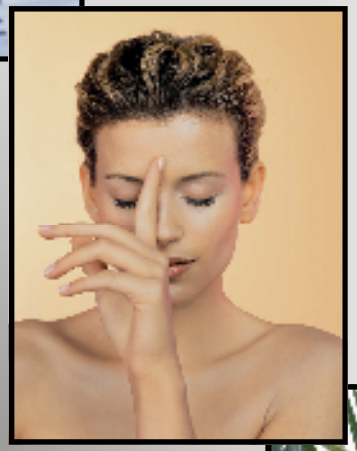
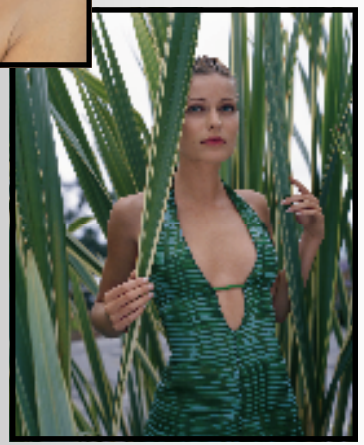
Prestige

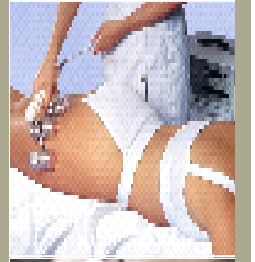
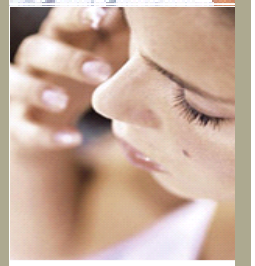
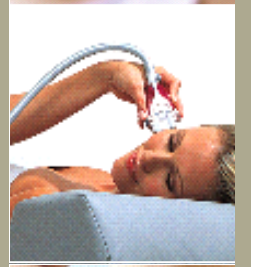
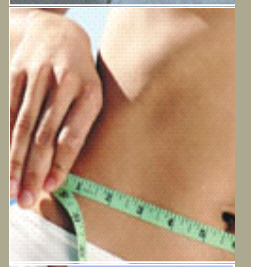
therapy

Holiday Inn





01709 786004
Info@prestigetherapy.co.uk

CACI international

"The ultimate in non-surgical facelift and body contouring"

CACI

The award winning CACI has gained the reputation as the finest micro-current machine available, backed by over twenty years of research.

CACI is the best known system within the beauty industry and is considered to be the most advanced system of its kind.

CACI has attracted a unique celebrity following, making it the most publicised treatment in the industry's history. CACI clients include famous faces from around the world of show business, music, media and royalty.

Treatment results are often so dramatic that CACI has become known as "The non-surgical face lift" and it is the first treatment system to offer a serious alternative to cosmetic surgery.

While the original CACI system produces amazing results on the face the CACI Quantum goes a step further , by allowing you to enjoy the dual benefits of the non surgical face lift while at the same time receiving a total body toning experience.

Ask your beauty therapist for further details.

CACI Non surgical face lift

This treatment re-educates the muscle by way of micro-current, this is a painless and relaxing treatment with excellent results.

Procedure	Duration	Per Session	Course of 10
Full Face	60 min	£40.00	£350.00
Eyelift	25 min	£20.00	£170.00
Mouth & Cheek Lift	25 min	£20.00	£170.00

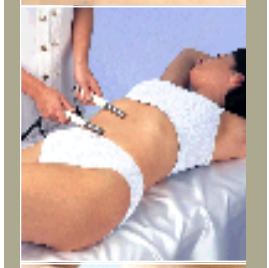
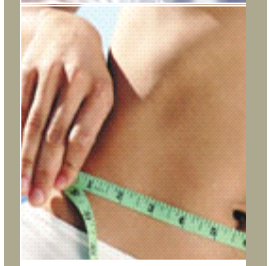
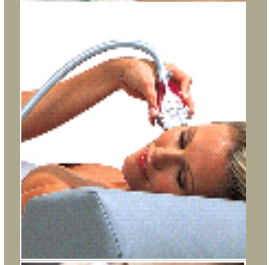
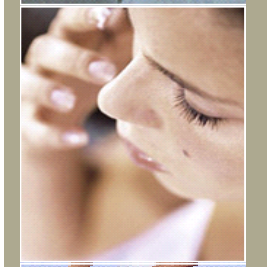
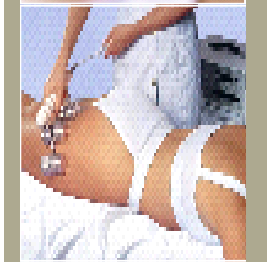
CACI Quantum Body

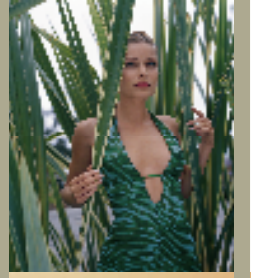
This treatment contours and slims down the body, draining water retention and stimulating the muscle via isotonic, non-impact exercise.
The results are the equivalent of 320 sit-ups and a 2 hour gym session

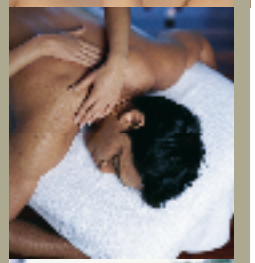
Procedure	Duration	Per Session	Course of 10
Full Body Contouring	20 min	£40.00	£350.00
Part Body Contouring	20 min	£20.00	£170.00
Bust Lift	30 min	£25.00	£200.00
Cellulite & Buttock Lift	30 min	£30.00	£250.00

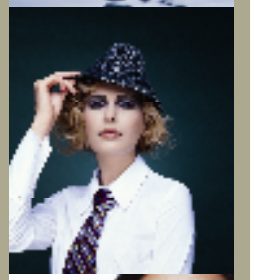
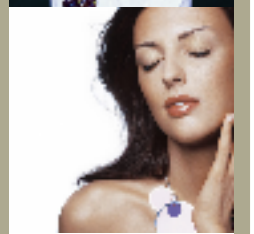
Special Offer

CACI Face and Full Body Contouring for £65, or a 10 course of both treatments for **£600.00**. Treatments can be combined to compliment each other, please enquire about special prices available on multi-treatment bookings.





SOTHYS PARIS

Facials

Hydroptimale 75 min £48.00
The ultimate hydration and relaxation treatment for all skin types presenting areas of dehydration. Fine lines caused by fatigue and dehydration are eliminated and the skins natural moisture balance restored giving the complexion a new radiance and vibrancy.

Collagen Hyaluronique 75 min £48.00
High performance anti-ageing intensive treatment, a targeted answer for radiant youthful looking skin, effectively treats lines and wrinkles and visibly smooth's wrinkles and firms the skin.

Seasonal Facials 45 min £35.00
This relaxing and revitalizing facial is adapted through each season as the needs of the skin change through the rhythms of nature, it leaves your skin radiant, nourished and rehydrated.

Active Contour Eye Treatment 30 min £30.00
A triple action freshness treatment for the delicate eye area effective on wrinkles, dark circles and puffiness. This soothing treatment relieves tiredness, free congestion and smoothes the skin.

Sothys Homme 45 min £38.00
The ultimate detoxifying and distressing treatment for men. Hydrates skin parched or sensitised by both wet or dry shaving.

Body Care Treatments

Orient Essences Ceremony 75 min £55.00
Inspired by the spa rituals of South East Asia. A full body exfoliation followed by a deeply relaxing massage using aromatic hot stones infused with ginger and nutmeg, it's guaranteed to transport you to another world.

Hanakasumi Ritual 75 min £48.00
Inspired by ancient Japanese traditions. Dead skin cells and impurities are cleansed away, indulgent sheer butter and essential oils leave you in a state of complete relaxation.

Anti-eau Cocktail 75 min £48.00
Especially designed to treat tired legs and swollen ankles, this invigorating treatment will leave you with a complete freshening and rejuvenated effected.

Massage

Using aromatherapy oils to suit the individual, massage away aches, pains and stress to leave you fully relaxed.

Full Body Face and Scalp	70 min	£40.00
Full Body Massage	60 min	£35.00
Back, Neck, Shoulder, Face and Scalp	40 min	£28.00
Back Neck and Shoulder	30 min	£20.00

Hot Stone Massage 90 min £55.00
The perfect relaxation experience combining hot-stone placement and massage to melt away stress, tension, aches and pains, leaving your bodies energy balanced this is the ultimate head to toe treatment that you will never forget.

Reflexology 45 min £35.00
Using the ancient eastern philosophy of applying pressure to the soles of the feet, this leaves you feeling relaxed and rejuvenated with an enhanced sense of well-being.

Reiki 60 min £35.00
A Japanese technique promoting healing, stress reduction and relaxation. Reiki treats the whole person including body, emotions, mind and spirit thus creating many beneficial effects including a feeling of peace, security and well-being.

Indian Head Massage 30 min £23.00
A variety of techniques are used to massage the face, scalp, arms and neck to relieve tension, stimulate circulation and restore joint movement.

Jessica Hand And Foot Treatments

Jessica Deluxe Manicure 60 min £25.00
This luxurious effective treatment incorporating heated mittens for a deeper penetration of oils and creams.

Jessica Luxury Manicure 45 min £18.00
A luxury manicure to perfect the nails and treat the cuticles.

Jessica Deluxe Pedicure 60 min £28.00
The ultimate foot and leg treatment incorporating heated booties for a deeper penetration of oils and creams.

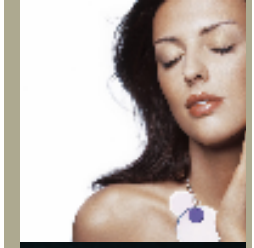
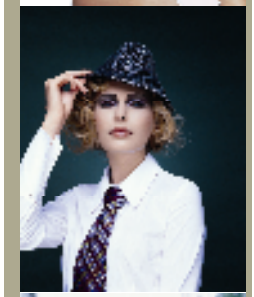
Jessica Luxury Pedicure 45 min £22.00
A luxury foot and leg treatment for softer, smoother skin, perfecting both nails and cuticles.

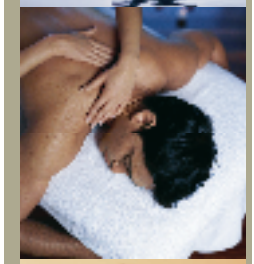
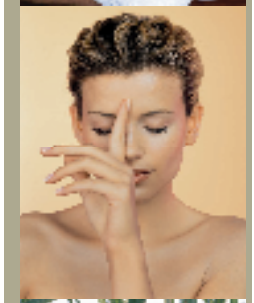
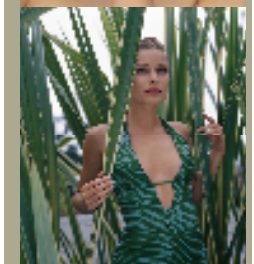
File and Polish 15 min £12.00

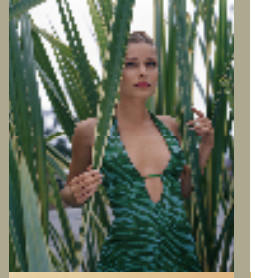
All manicure and pedicure treatments are finished with a file, and polished using a Jessica colour of your choice including French.

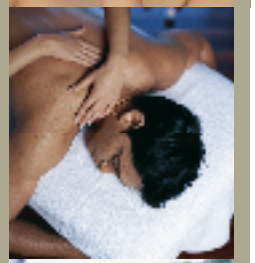
Jessica Men's Hand and Nail Grooming 30 min £15.00
To condition and smooth hands to leave the nails perfectly shaped, cuticles conditioned and gently pushed back.

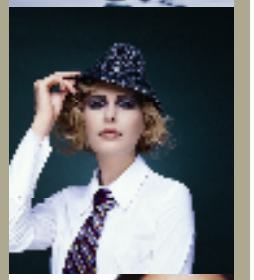
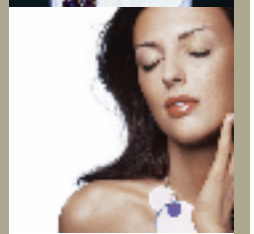
Jessica Executive Foot Care for Men 45 min £18.00
A luxury foot treatment to leave the nails perfectly shaped, cuticles conditioned and gently pushed back. The treatment incorporates a foot massage.





St Tropez Fast Tanning

The tinted tanning lotion works
instantly for a streak free application that lasts for days.

Full Body and Face	£40.00
Half Body	£25.00

Finishing Touches

Waxing

Full Leg and Bikini	£30.00
Full Leg	£25.00
1/2 Leg	£16.00
Arm Wax	£14.00
Under Arm Wax	£8.00
Bikini Line	£8.00
Upper Lip	£6.00
Chin	£6.00
Eyebrow Shape	£6.00
Back	£16.00
Chest	£16.00

Eye Lash Tint	£8.00
Eye Brow Tint	£8.00
Eye Lash and Brow Tint	£15.00
Eye Lash and Brow Tint including Eye Brow Shape	£20.00
Eye Lash Extensions	£18.00

A patch test is required for all tinting and lash extension treatments at least 24 hours prior to treatment.

Make Up

Make Up Application	£25.00
Bridal Make Up Including Trial	£47.00

Wedding Party Make Up £22.00
Provide your bridesmaids, parents and loved ones with a make up treat on your special day. (minimum of 3 people required)

Wedding Packages

Beautiful Bride £67.50
Deluxe Manicure
Deluxe Pedicure
Back, Neck, Shoulder, Face and Scalp

Handsome Groom £55.00
Men's Hand and Nail Grooming
Executive Foot Care for Men
Back, Neck, Shoulder, Face and Scalp

Packages

All Spa packages include full use of the leisure club and a light lunch (swimming pool, spa, steam room and sauna)

Temptation 60 min £45.00
Mini Manicure or Mini Pedicure &
Mini facial or Back Massage

Spoil Yourself 90 min £65.00
Luxury Manicure or Luxury Pedicure &
Seasonal Facial or Full Body Massage

Indulgence 2 Hours 30 min £110.00
Hydroptimale Facial
Hanakasumi Ritual

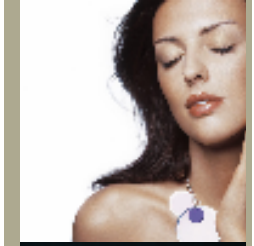
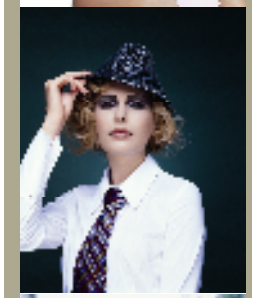
Extravagance 4 Hours £150.00
Orient Essence Ceremony
Seasonal Facial
Deluxe Manicure
Deluxe Pedicure

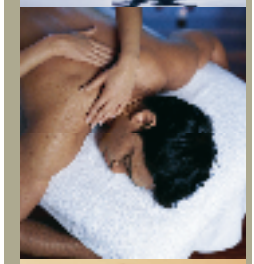
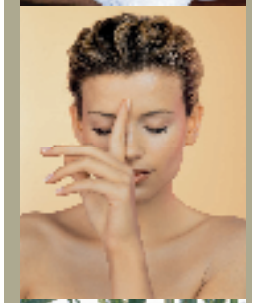
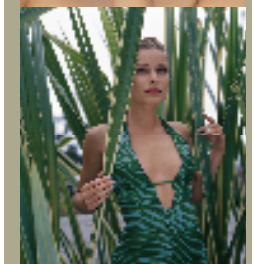
Gift Vouchers

Why not treat a friend or loved one to an unforgettable experience they will never forget?
Gift vouchers are available for any amount or treatment required.

Terms and Conditions

Please give at least 24 hours notice before canceling or changing your appointment or you will be charged the full amount of your treatments. All times are guides only. Treatments available may vary depending on therapist. Deposit will be required for large bookings.
We accept payment in cash or cheque.

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